

Existing Training Programme of Department of Women and Child Development, Himachal Pradesh

Department of Women and Child Development is implementing centrally sponsored "Integrated Child Development Services (ICDS)" programme in the State. Expenditure under all components of the programme is shared by the Government of India and State Government on 90:10 basis.

Under the programme, there is provision of imparting Job/ Refresher training to all ICDS functionaries involved in delivery of services, under ICDS programme, as per following detail:-

Sr. No.	Functionaries	Sanctioned strength	Name of the Trainings	Duration	Institution where Training is imparted
1	Child Development Project Officers/ Assistant/ Child Development Project Officers	CDPOs-78 ACDPOs-31	Job Training *	1 Month (26 working days)	National Institute of Public Co-operation and Child Development (NIPCCD), New Delhi and Regional Centre Lucknow.
2	----- do -----		Refresher Training **	1 week (5 working days)	----- do - -----
3	Supervisors	808	Job Training*	1 month (26 working days)	Middle Level Training Centre, RAI, District Sonipat, Haryana.
4	Supervisors		Refresher Training**	1 week (5 working days)	----- do -----

5	Anganwari Workers and Helpers	AWW-18386 Mini AWW-138 AW Helpers-18386	Job Training*	1 month (26 working days)	Anganwari Training Centre (AWTC):- 1. Theog (Distt Shimla) 2. Gaggal (Distt. Kangra) 3. Sunni (Distt. Shimla) 4. Rasmai (Distt. Mandi) 5. CSK, HP Agriculture University Palampur.
6	Anganwari Workers / Helpers		Refresher Training**	1 week (5 working days)	----- do -----
7	Anganwari Helpers		Orientation Training***	6 working days	Trained functionaries (CDPOs/ DPOs)

*Job Training is provided once, after entry in the service.

**Refresher training is provided from time to time. Functionaries become eligible for refresher training 2 years after getting job / refresher training.

***Orientation to Anganwadi Helpers is provided once (after entry in the service).

However, those functionaries who are not directly involved in the delivery of services for example Statistical Assistant, Senior Assistant, Junior Assistant, Clerk, Drivers, Peons etc. are not provided any training or orientation in the discharge of their duties.

Syllabus for Trainings of AWWs/ Helper

A. Introduction of ICDS Programme

- i) Job/ responsibilities of Anganwadi Workers and helpers
- ii) Role and responsibilities of other ICDS functionaries.
- iii) Counseling skills required by Anganwadi Workers and role play.

B. Early Childhood Care and Development

- i) Child development definition, concept and need for child development.
- ii) Importance of Pre-School Education
- iii) Organization and arrangement of Anganwadi Centre for Pre-School Education.
- iv) Planning and organizing Pre-School Education Programme at Anganwadi Centres.
- v) Preparation and use of low cost Pre-School Education material.
- vi) Activities for psycho-social development of children in pre-school.

C. Nutrition & Health Education

- i) Importance of healthy living and good nutrition.
- ii) Micro nutrient deficiency among children- causes, symptom, prevention and management.
- iii) Assessment, classification and treatment of childhood illness.
- iv) Nutrition and health care of adolescent girls.
- v) Personal hygiene and safe drinking water.

D. Communication, Advocacy and Community Participation.

- i) Role of community in ICDS Programme.
- ii) Role of Panchayats in implementation and supervision of ICDS.
- iii) Techniques for mobilizing community and eliciting community participation.
- iv) Information, Education and Communication (IEC) in ICDS.
- v) Planning and organizing Bal Mela, Exhibition, awareness campaign for issues concerning children and women.
- vi). Maintenance and records of registers at Anganwadi Centre, etc.